



January 2012



<p style="text-align: center;">1</p> <p style="text-align: center;">HAPPY NEW YEAR</p>	<p style="text-align: center;">2</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Grilled Cheese Sandwich Smiley Fries Green Beans Sliced Pears</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">Chicken Fajitas Buttered Rice Corn Assorted Toppings Fruit Cocktail</p>	<p style="text-align: center;">5</p> <p style="text-align: center;">Breaded Chicken Pattie on Bun Buttered Noodles Broccoli/Cauliflower Mandarin Oranges</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">Hamburger/Cheeseburger on Bun French Fries Baked Beans/Green Beans Applesauce (Lunch Monies Due)</p>	<p style="text-align: center;">7</p> <p>FOOD FOR THOUGHT: Walking in the snow uses more muscles and burns more calories. Bundle up and go for a family walk.</p>	
<p style="text-align: center;">8</p> <p>FOOD FOR THOUGHT: Make a list of the vegetables in season. Try one new vegetable.</p>	<p style="text-align: center;">9</p> <p style="text-align: center;">Chicken Fries Mashed Potatoes & Gravy Broccoli Roll and Butter Pineapple Tidbits</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">Hoagie (Hot or Cold) Buttered Noodles Corn Chocolate/Vanilla Pudding Sliced Peaches</p>	<p style="text-align: center;">11</p> <p style="text-align: center;">Grilled Hot Dog on Bun Tater Tots Baked Beans/Green Beans Sliced Pears</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">Ham Slice AuGratin Potatoes Broccoli/Carrots Roll & Butter Fruit Cocktail (Lunch Monies Due)</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">Chicken Noodle Soup Tossed Salad Ham & Cheese Cups Muffin Mandarin Oranges</p>	<p style="text-align: center;">14</p>	
<p style="text-align: center;">15</p>	<p style="text-align: center;"> MARTIN LUTHER KING, JR. DAY NO SCHOOL</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">Cold Chipped Turkey Sandwich Hash Brown Corn/Peas Applesauce</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">Chicken Nuggets Buttered Noodles Broccoli/Cauliflower Roll and Butter Pineapple Tidbits</p>	<p style="text-align: center;">19</p> <p style="text-align: center;">Mini Corn Dogs Pierogies Green Beans Sliced Peaches</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">Nachos Grande (Basket of Chips, Taco Meat, Cheese Sauce) Buttered Rice Corn Sliced Peas (Lunch Monies Due)</p>	<p style="text-align: center;">21</p> <p>FOOD FOR THOUGHT: Make cocoa for a cozy drink for the kids with low fat or nonfat milk.</p>	
<p style="text-align: center;">22</p> <p>FOOD FOR THOUGHT: For every dollar you spend for produce at the supermarket, 5 cents goes to the farmer who grew the produce.</p>	<p style="text-align: center;">23</p> <p style="text-align: center;">Grilled Chicken Pattie on Bun Smiley Fries Broccoli/Carrots Fruit Cocktail</p>	<p style="text-align: center;">24</p> <p style="text-align: center;">Meatball Sandwich Buttered Noodles Green Beans Mandarin Oranges</p>	<p style="text-align: center;">25</p> <p style="text-align: center;">Stuffed Crust Pizza Corn Hash Brown Shape-Up Applesauce</p>	<p style="text-align: center;">26</p> <p style="text-align: center;">Spaghetti with Meat Sauce Tossed Salad Breadstick Pineapple Tidbits (Lunch Monies Due)</p>	<p style="text-align: center;">27</p> <p style="text-align: center;">EARLY DISMISSAL</p>	<p style="text-align: center;">28</p>	
<p style="text-align: center;">29</p>	<p style="text-align: center;">30</p> <p style="text-align: center;">Hamburger/Cheeseburger on Bun French Fries Baked Beans/Green Beans Sliced Peaches</p>	<p style="text-align: center;">NEW 31</p> <p style="text-align: center;">Chicken Breast Fritter Mashed Potatoes & Gravy Corn Roll and Butter Sliced Pears</p>	<p style="text-align: center;"><i>Also available daily: Peanut Butter & Jelly Sandwich, Chipped Ham Sandwich. Milk - .35 (White, Chocolate, or Vanilla)</i></p>				